1. INTRODUCTION:

Main Purpose of Having Safety Riding Course

- To train motorcyclists in handling their motorcycles skillfully to avoid accidents
- As a community service by sharing the knowledge of safety riding with motorcycle users
2. Pemakaian Keselamatan Menunggang

- HELMET
- GOGGLE / VISOR
- LONG SLEEVE SHIRT
- HAND GLOVES
- LONG PANTS
- RIDING BOOTS / HIGH-CUT SHOES
2. Safety Riding Attire

- Wear a good quality and comfortable helmet
- Wear a fitting hand gloves
- Wear goggle or helmet with visor for better eye protection
- Wear bright color long sleeve shirt and long pants to increase visibility on the road
- Practice wearing high-cut shoes for safety and also comfort during riding
4. RIDING POSITION
4.2 RIDING POSITION

Follow the 7 correct ways of riding a motorcycle

- **Eyes**: Look front and far ahead
- **Shoulder**: Always in the most comfortable position
- **Elbow**: Bend a little to achieve comfortable position
- **Wrist**: Make sure the wrists are angle at 120 degrees and both hands are holding the handlebar
- **Buttock**: Sits close to the carrying basket or petrol tank
- **Knees**: Make sure the knees are parallel to the carrying basket or petrol tank and avoid opening your too wide
- **Legs**: Rest the sole of your feet on the foot pegs with the tip of the left foot stepping on the gear lever. Make sure both soles are stepping flat on the foot pegs
4.2 Riding Position

- Look in front
- Bend a little
- In 120 degrees angle
- Parallel to the carrying basket or petrol tank
- In comfortable position
- Sits close to the carrying basket or tank
- Rest the sole of your foot on the foot peg
5. Adjust Side Mirror
6. Blind Spot

Kedudukan motosikal B yang terlindung dari pandangan pemandu kereta

Kedudukan motosikal C yang kelihatan melalui cermin sisi pemandu
7. Basic Condition That Need To Be Consider

- Condition Of Oneself  
  Physically and Mentally

- Condition Of Motorcycle  
  Maintenance & Basic Inspections

- Condition of Road  
  Rules & Signal

- Condition Of Traffic  
  Amount of vehicles and Peak Period

- Other Road Users  
  Cyclist and Pedestrian
8.1 Safety Riding Factor

Civic Minded Road Users

- Obey traffic laws
8.1 Safety Riding Factor

Civic Minded Road Users

- Responsible

Give way in a safe and correct method
8.1 Safety Riding Factor

Civic Minded Road Users

- Be Cautious

Always aware of your surroundings
8.1 Safety Riding Factor

Civic Minded Road Users

- Be considerate

Be considerate to other road users, especially cyclists and pedestrian
8.1 Safety Riding Factor

Civic Minded Road Users

- Be Patient

Patience can avoid a lot of problems on the road
The Traits of A Civic Minded Road User

1. Obey traffic laws
2. Be responsible
3. Be cautious
4. Be considerate
5. Be patient
9. Basic Motorcycle Inspection

- Daily
  - Petrol reserve, front, rear and brake lights, air pressure in tires
9. Basic Motorcycle Inspection

- **Monthly**
  - Engine oil, battery, chain’s tension, lubricant

- **1000 KM/ 6 Months**
  - Change engine oil, spark plugs, brake shoes, tires wear and tear.
10. Pre-Delivery Safety Advice (PDSA)

- **Effectives Ways to Avoid An Accident**

1. Do not drive or ride under the influence of alcohol or drugs
2. Always wear a helmet when riding
3. Turn on the front light at all time
10. Pre-Delivery Safety Advice (PDSA)

4. Do not swerve in and out of traffic

5. Obey road signs

6. Obey the permitted speed limit

7. Always signal before making any turns
10. Pre-Delivery Safety Advice (PDSA)

- Always be careful and reduce speed when the road surface is slippery, grainy or oily.
- Reduce speed when approaching junctions with no traffic lights.
- Always do basic inspection before starting a journey.
10.1 Safety Advice

10 Major factors in road accident

1. Riding to fast
2. Beating red lights
3. Tail gaging other vehicle
4. Making illegal turning without considering other road users
5. Fail to control the vehicle
6. Fail to give way to other vehicle
7. Overtaking dangerously
8. Driving/ riding under the influence of alcohol / drugs
9. Fail to concentrate on the road
10. Switching lanes without considering other road user
Road accidents can be avoided

**Human error**
- Poor riding skill
- Reckless riding
- Disobey traffic laws
- Alcohol / drugs

**Surroundings**
- Road condition
- Lack of basic infrastructure
- Road signs

**Motorcycle modifications**
- Functions
- Balancing
- Lack of maintenance
- Excess in modification